




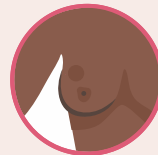
**1 IN 8 WOMAN**  
WILL DEVELOP BREAST CANCER IN HER LIFETIME

## EARLY DETECTION SAVES LIVES



-  **KNOW YOUR FAMILY HISTORY**
-  **PREFORM REGULAR SELF-EXAMS**
-  **GET ANNUAL SCREENINGS**

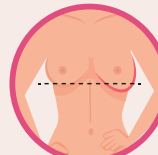
## KNOW THE SIGNS



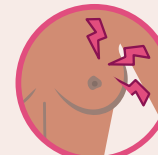
**LUMP IN THE BREAST**



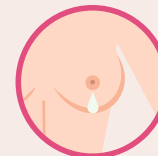
**CHANGES IN TEXTURE**



**CHANGE IN SIZE OR  
SHAPE OR SWELLING**



**PERSISTANT PAIN**



**NIPPLE CHANGES  
OR DISCHARGE**



**RASH OR REDNESS**

IF YOU'RE EXPERIENCING ANY OF THESE SYMPTOMS,  
INFORM YOUR HEALTHCARE PROVIDER.

IF YOU OR YOUR SIGNIFICANT OTHER IS FACING A CANCER  
DIAGNOSIS OR CURRENTLY UNDERGOING TREATMENT,  
VISIT [MYCANCERJOURNEY.COM](https://www.mycancerjourney.com)